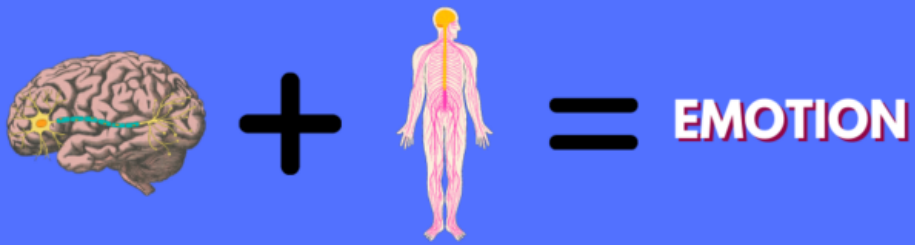


DIFFERENCES BETWEEN EMOTIONS & FEELINGS



EXPERIENCE



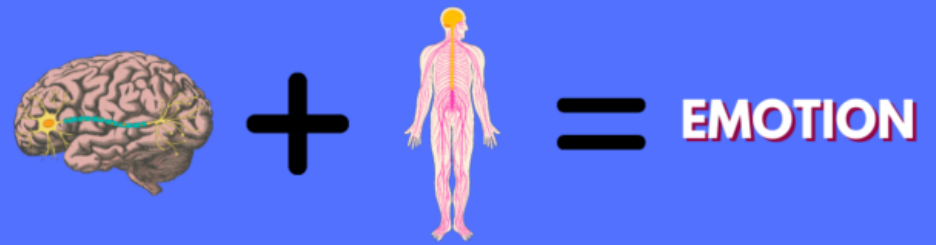
EVALUATION

BASED ON CULTURE & SITUATION

FEELINGS

@Dr.Kinga.Mnich

DIFFERENCES BETWEEN EMOTIONS & FEELINGS



EXPERIENCE



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EMOTIONS VERSUS FEELINGS

Emotions are physical states that arise as a response to external stimuli

Aroused before feelings

Physical states

Can be observed through the physical reaction

Feelings are mental associations and reactions to emotions

Caused by emotions

Mental associations and reactions

Can be hidden

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